

starters

poppadoms	with garlic pickle (gluten), beetroot pickle (gluten, mustard seeds), coriander + mint chutney, sweet tomato chutney vg	£6.50
onion + spinach bhajis	with potato, coriander, spinach, chilli / green chutney vg	£7.75
calicut beach chaat	chickpeas, tomato, cucumber, pineapple, melon + crunchy puri / tamarind chutney + yogurt (dairy, gluten) v (<i>vg on request</i>)	£7.75
crab thoran	hand picked fresh british crabmeat with coconut, curry leaves, ginger, green chilli (mustard seeds) / chutney (dairy)	£10.25
sardine fry	marinated in chilli, ginger, garlic, lemon, pan fried	£8.75

main meals

all dishes **medium hot** unless mentioned

baby aubergine + spinach masala	onions, ginger, tomatoes, cumin, coconut milk (mustard seeds) vg	£13.50
pumpkin, broccoli + potato curry	tomato, ginger, garam masala, dried lime (mustard seeds) vg	£13.00
courgette + strawberry curry	with cumin, coriander, chilli, black pepper, tomato (mustard seeds) vg	£13.00
kayal fish curry	sea bass fillet, fresh coriander, green chilli, fennel, lemon juice	£15.50
jankar squid spicy	smoked tamarind, fenugreek, garlic, tomato, chilli (mustard seeds)	£15.50
badam chicken	<i>free range</i> chicken breast, almonds, coconut, poppy seeds, bay (nuts)	£14.50
prawn biriyani	king prawns layered with lightly spiced basmati rice (dairy) / pickle, raita (dairy), poppadoms	£16.85
lamb mappas	whole garam masala, black pepper, coriander, coconut	£16.50
masala dosa	rice flour + lentil fermented pancake stuffed with spicy mashed potato / sambar + chutneys (gluten, mustard seeds) vg	£14.00

side dishes

rasam spicy south indian broth (gluten, mustard seeds) vg	£5.00
dal lentil curry with garlic + curry leaves (mustard seeds) vg	£5.50
spinach dal dal with spinach (mustard seeds) vg	£6.75
mung bean salad vg	£6.25
sambar south indian vegetable + lentil stew with tamarind (gluten, mustard seeds) vg	£6.75
raita our own made yogurt with chopped vegetables (dairy) v	£2.95

bread + rice

kerala paratha our famous flaky flat bread (gluten) vg	£5.00
plain rice basmati vg	£3.75
coconut rice basmati rice, cooked in coconut milk, fenugreek + garlic vg	£4.50

children's meals

kutty chicken children's portion of unspiced <i>free range</i> chicken curry + rice	£9.50
kutty veg dal (mustard seeds), rice, yogurt (dairy), poppadoms v	£7.50

desserts

ganapati ice-cream (dairy, eggs)	£6.00
ganapati sorbet / 2 scoops vg	
shrikkand sweetened yogurt with rose water, saffron, pistachios (dairy, nuts)	£6.00
gulab jamun / creme fraiche (gluten, dairy)	£7.75

v = vegetarian / **vg** = vegan

our chicken / lamb are free range + halal

we use non GM rapeseed oil in our cooking

many south indian dishes contain mustard seeds,
please ask for advice.